Recycling Used Coffee Grounds in the Garden

Coffee grounds are a good source of nitrogen and trace minerals for plants. They can also benefit plants that prefer acid soils. (In our area, soils are mostly alkaline and acid-loving plants can benefit from lowering the pH.) Sprinkle around the base of the plant and/or mix into the top few inches. Or add to your compost pile.

PERENNIALS

Butterfly Weed *Aesclepias*
Turtlehead *Chelone*
Snakeroot *Cimicifuga*
Fringed Bleeding Heart *Dicentra*
Foxglove *Digitalis*
Gentian *Gentiana*
Primroses *Primula*
Trillium *Trillium*
Woodland Phlox *Phlox stolon.*
Virginia Bluebells *Mertensia*
Coral Bells *Heuchera*
Barrenwort *Epimedium*
Marsh Marigold *Caltha*
Lady Slipper *Cypripedium*
Hardy Ferns, most varieties

TREES

Fir *Abies*
Spruce *Picea*
Pines *Pinus*
Upright Yew *Taxus*
Hemlock *Tsuga canadensis*
Horse Chestnut *Aesculus*
Birch Betula
Buckeye *Aesculus*
Oaks *Quercus*
**Pin Oak *Quercus palustris (Acid soil required)***
Mountain Ash *Sorbus*
Magnolia *Magnolia*
Serviceberry *Amelanchier*

Larch (Tamarack) *Larix*
Fringetree *Chionanthus*
Pagoda Dogwood *Cornus*

SHRUBS

Junipers *Juniperus*
False Cypress *Chamaecyparis*
Dwarf Hemlocks *Tsuga*
Yews *Taxus*
Dwarf Spruce *Picea*
Mugho Pine *Pinus mugo*
Sweetbush *Clethra*
Dogwood *Cornus*
Winterberry *Ilex verticillata*
Mountain Laurel *Kalmia*
Azalea, Rhododendron spp.
Rhododendron, R. spp.
Serviceberry *Amelanchier*
Hydrangea *Hydrangea macrophylla*
Bog Rosemary *Andromeda*
Blueberries *Vaccinium*

\*Please note that Arborvitae is not on the list of acid-loving plants. It is one of the few evergreens that prefers neutral soil.