**LEARN TO MAKE YOUR OWN DETERGENT**

For most of human existence, when people wanted something they made it themselves. Along the way the human race has been presented with the easier route. Why bike when you can drive? Why drive when you can fly? Why cook when you can drive to a restaurant or “nuke it”? Why make something yourself when you can buy it at the store? We tend to take the path that is easy but taking that path is not always without its consequences.

I have three young girls and not a lot of extra time on my hands. Yet, I have discovered the joy of making food and cleaners from scratch. Sometimes taking the route that is not easy brings with it a sense of pride and accomplishment. When the girls were babies, I made their food. I knew exactly what was in their food and it prepared them for real food tastes. Nor was my recycling bin piled high with glass baby food jars. Was the extra effort worth it? I think so! My girls transitioned very nicely to non-pureed food as it tasted just as it had before. I had introduced them to as many flavors and textures as I could. The extra effort that I put in when they were babies has minimalized dinner table dramas now. Taking the not so easy route sometimes yields a better route over time. We just can’t always see it at the beginning.

When I first heard of people making their own laundry detergent, the idea seemed so pioneer to me. I thought, Wow, that’s a person that’s working way too hard to save some money. However, after I researched how to do and I put together my first detergent two years ago, it now shocks me that everyone does not do this. It’s so easy! We have a family of five and our detergent lasts us the entire year. I have been using the same detergent bottle for two years now. Plus, I know the ingredients are mild and safe for my family.

On Sunday March 6th at 11:00am I will be teaching a workshop on “How to make your own laundry detergent.” Imagine how many plastic laundry bottles we will save if we all start this practice. The cost to the workshop is $10. The cost includes taking home your own container of homemade detergent. We have been collecting detergent containers. Thanks to everyone that has donated! If you have a container to bring to the workshop then please do, otherwise we will use from our donated pile. This workshop will serve as a fundraiser for the Caring for Creation Team. You’ll be amazed at how easy the not so easy route can be!

Thank you,

Robin Oberle